



White Tiger Kenpo Jujits

1st Black Belt



1. Chinese Pincers: <i>right punch</i>	16. Falling Hammers: <i>left, right punch from right side</i>
2. Crossing Hooks: <i>right punch</i>	17. Corkscrew: <i>right punch from right side</i>
3. Turning the Flame AB: <i>gun</i>	18. The Whip: <i>left, right punch</i>
4. Stopping the staff: <i>right punch</i>	19. Winding Elbows: <i>right punch</i>
5. Twisting Vine: <i>right overhead club attack</i>	20. Twisting Serpent: <i>left punch</i>
6. Breaking the Staves: <i>bear hug from behind</i>	21. Chopping the Log: <i>right kick</i>
7. Hands of Jade: <i>left punch</i>	22. Falling Tree: <i>left punch</i>
8. Spinning Log: <i>right punch, back against wall</i>	23. The Python: <i>right punch from right side</i>
9. Lever of Ming: <i>left, right punch</i>	24. Calming the Waves: <i>right punch</i>
10. The Lion AB: <i>two hands choke from front</i>	25. The Monk and the Tiger: <i>right punch</i>
11. Double Lance <i>right punch</i>	26. Tiger Corners its Prey: <i>right, left punch</i>
12. Flash of the Tigers Claw: <i>left punch</i>	27. Turning from the Beggar: <i>left punch</i>
13. Returning Fist: <i>left punch</i>	28. Four fist: <i>right punch</i>
14. Falling Blades: <i>thrusting knife</i>	29. Advancing Dragon AB: <i>left punch</i>
15. Crossing Swords: <i>straight arm wrist grab</i>	30. Vengeance from Above: <i>left, right punch</i>